

IMPORTANT NUMBERS

MARYLAND HELPLINE
(health and human services)
211

POISON CONTROL
1-800-222-1222

SUICIDE & CRISIS LIFELINE
988

SNAP (food stamps)
1-800-332-6347

WIC PROGRAM
1-800-242-4942

MARYLAND FOOD BANK
410-737-8282



Can't find what you need?
You can reach out to us :

410-841-3145
mary.washington@senate.maryland.gov

HOUSING & HOMELESSNESS

- **Baltimore City Shelter Hotline** — 443-984-9540 | homeless.baltimorecity.gov
- **GEDCO CARES** — Food, housing, and emergency financial help. 443-470-6545 | gedco.org
- **Access to Counsel in Evictions (ACE)** — Free lawyer if facing eviction. Call 211 or civiljusticeinc.org

EMPLOYMENT & FAMILY SUPPORT

- **Mayor's Office of Employment Development (MOED)** — Job training and job board. moed.baltimorecity.gov
- **Mayor's Office of Children & Family Success (MOCFS)** — Financial empowerment, food, housing, and family supports. bmorechildren.com
- **Baltimore City Schools Family Support Hotline** — Parent and student support. 443-984-2000 | baltimorecityschools.org

HEALTH & MEDICAID

- **Maryland Health Connection** — Apply for or renew health coverage; check Medicaid eligibility. 1-855-642-8572 | marylandhealthconnection.gov
- **Maryland Department of Human Services (DHS)** — Medicaid and benefit support. 1-800-332-6347 | dhs.maryland.gov
- **Legal Aid Health Advocacy Unit** — Free help if your Medicaid coverage is reduced or denied. 1-800-999-8904 | mdlab.org

LEGAL AID & CONSUMER HELP

- **Maryland Legal Aid** — Free legal help with housing and benefits. 410-951-7777 | mdlab.org
- **Public Justice Center** — Tenant and immigrant rights. 410-625-9409 | publicjustice.org
- **Civil Justice Network** — Affordable and pro bono attorneys for housing, consumer, and family law. 443-853-1011 | civiljusticeinc.org
- **UMD Low-Income Taxpayer Clinic** — Free IRS dispute help. 410-706-7456 | law.umaryland.edu/clinics